



**OFFICIAL
PROGRAM**

25c



**A
C.I.F.
SANCTIONED
EVENT
APRIL 19, 1975**

**EIGHTH ANNUAL
ARCADIA
HIGH SCHOOL
INVITATIONAL
TRACK MEET**

EVENT NO. 1 **TIME, 5:30 p.m.**
TRIPLE JUMP

National Interscholastic Record 52'6¼" Dave Tucker (San Joaquin Memorial) California 1970
 Meet Record 46'6" Harold Eberhart (Wilson, S.F.) 1974
 Arcadia Field Record 46'6" Harold Eberhart (Wilson, S.F.) 1974

ORDER	ENTRANT	BEST
1.	Kent Namikas (114), Glendora	43'10"
2.	Todd Kaberline (300), Workman	43'11"
3.	Frank Gildea (113), Gladstone	44'1½"
4.	Mike De Caro (15), Burbank	44'2"
5.	Phil Muhl (126), Hart	44'10"
6.	Greg Riley (217), Pasadena	45'0"
7.	Tom Kertchmar (140), La Mirada	45'7¼"
8.	Dwayne Pulliam (277), Skyline	45'8"
9.	Greg Caldwell (90), Fremont	46'3"
10.	Jeff Clingan (299), Warren	47'½"
11.	Chip Benson (160), Lutheran	47'¾"

WINNERS:	DISTANCE:
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EVENT NO. 2 **TIME, 5:30 p.m.**
DISCUS

National Interscholastic Record 201'3" Chris Adams (Los Altos) California 1970
 Meet Record 152'8" Curt Eilenberg (Costa Mesa) 1974
 Arcadia Field Record 152'8" Curt Eilenberg (Costa Mesa) 1974

ORDER	ENTRANT	BEST
1.	Vic Jackson (259), San Marcos	145'2"
2.	Paul Ciano (144), La Quinta	148'4"
3.	Bill Heins (18), Canyon	148'6½"
4.	Brad Slinkard (244), St. Paul	150'3"
5.	John McKenzie (124), Hart	151'3"
6.	Harry Kohaut (286), Tustin	152'9½"
7.	Guy Gida (170), Monterey	154'0"
8.	John Noble (312), Whittier	154'9"
9.	Ron Ortiz (163), Mayfair	158'7"
10.	Rich Johnson (162), Mayfair	158'9½"
11.	Dave Kurrasch (192), Newport Harbor	165'4"
12.	Kevin Corbett (81), El Dorado	167'10"
13.	Curt Eilenberg (48), Costa Mesa	168'9½"
14.	Dave Fuller (125), Hart	174'10"
15.	Rich Stewart (143), La Quinta	175'6"

WINNERS:	DISTANCE:
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EVENT NO. 3 TIME, 6:30 p.m.
POLE VAULT

National Interscholastic Record 16'7" Bob Pullard (Los Angeles) California 1969, Casey Carrigan (Orting) Washington 1969

Meet Record 15'6" Jim Knaub (Lakewood) 1974
Arcadia Field Record 16'1½" Paul Wilson (Warren) 1965

ORDER	ENTRANT	BEST
1.	Geoff Stiles (298), Warren	13'9"
2.	Dave Sloggy (264), San Marino	13'9"
3.	Clark Millian (129), Hawthorne	14'0"
4.	Willie Vaughn (110), Gardena	14'0"
5.	Kevin Cuervo (311), Western	14'0"
6.	Kevin Anthony (285), Tustin	14'0"
7.	Kevin Crowley (57), Covina	14'0"
8.	Jon Switzer (16), Burroughs	14'0"
9.	Tom Turner (65), Cypress	14'3"
10.	Tom Hintnaus (7), Aviation	14'6"
11.	Anthony Curran (64), Crespi	14'6"
12.	Brian Goodman (1), Agoura	15'0"
13.	Brian Worden (198), Notre Dame	15'5½"
14.	Tom Curran (63), Crespi	15'6"
15.	Tim Vahlstrom (296), Villa Park	15'8½"
16.	Keith Schimmel (295), Villa Park	16'1½"

WINNERS:	HEIGHT:
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EVENT NO. 4 TIME, 6:30 p.m.
SHOT PUT

National Interscholastic Record 72'3¼" Sam Walker (Samual) Texas 1968

Meet Record 64'11¾" Dave Doupe (Inglewood) 1973
Arcadia Field Record 64'11¾" Dave Doupe (Inglewood) 1973

ORDER	ENTRANT	BEST
1.	Steve Summers (327), Arcadia	54'0"
2.	Jim Carr (210), Palos Verdes	54'1½"
3.	Vic Jackson (259), San Marcos	54'3½"
4.	Chuck DeSadier (78), Eisenhower	54'4"
5.	Clarence Bailey (88), Fremont	54'6"
6.	Bob Gasway (142), La Quinta	54'8"
7.	Ken Walker (14), Burbank	54'11"
8.	Craig Silverman (141), La Mirada	54'11¾"
9.	Curtis Eilenberg (48), Costa Mesa	55'7¾"
10.	Greg Rick (128), Hawthorne	56'2"
11.	Mark Velasquez (112), Gladstone	56'2"
12.	Jeff Hickey (266), Santa Monica	56'7"
13.	Rich Johnson (162), Mayfair	56'7½"
14.	Mike French (297), Warren	56'9"
15.	Ron Wollard (17), Burroughs	57'4"
16.	Paul Palkovic (61), Crespi	58'2"
17.	Dave Fuller (125), Hart	58'10"
18.	Jeff Dill (228), Redlands	59'11"
19.	Brad Slinkard (244), St. Paul	60'10¾"
20.	John McKenzie (124), Hart	61'3½"
21.	Dave Laut (265), Santa Clara	63'4½"
22.	Dave Kurrasch (192), New Port Harbor	66'2"

WINNERS:	DISTANCE:
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EVENT NO. 5 **TIME, 6:30 p.m.**
SHOT PUT (WOMEN)

Meet Record 41'5" Kay Ilertson (Valencia) 1973
 Arcadia Field Record 41'5" Kay Ilertson (Valencia) 1973

ORDER	ENTRANT	BEST
1.	Nancy Mondok (374), Glendora	30'1"
2.	Kristy Hart (402), Muir	30'4"
3.	Penny Wilde (433), Royal Oak	30'8"
4.	Jana Hovey (450), Ventura	31'0"
5.	Karin Donnelly (370), Esperanza	31'4"
6.	Diana Williams (403), Muir	31'6"
7.	Cheryl Richter (351), Arcadia	31'9¾"
8.	Donnelly Marsh (415), Palos Verdes	32'4"
9.	Bettianne Sell (430), Royal	32'6"
10.	Kathy Gallegos (393), Monroe	35'0"
11.	Kathy Lee (357), Coachella Valley	35'1"
12.	Kay Ilertson (445), Valencia	35'11½"
13.	Annette Garner (409), Ontario	36'5½"
14.	Felicia Norris (364), Duarte	37'10¾"
15.	Julie Flynn (377), La Canada	38'2½"
16.	Heidi Kauti (376), La Canada	39'6"

WINNERS:	DISTANCE:
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EVENT NO. 6 **TIME, 6:30 p.m.**
LONG JUMP

National Interscholastic Record 25'9½" Gerald Hardeman
 (Edison) California 1972

Meet Record 24'10" Jim Spillane (Palos Verdes) 1973
 Arcadia Field Record 24'10" Jim Spillane (Palos Verdes)
 1973

ORDER	ENTRANT	BEST
1.	Rich Jones (328), Pasadena	22'6"
2.	Mark Smith (43), Compton	22'6"
3.	Imre Santha (326), Arcadia	22'7"
4.	Anthony Jones (184), Muir	22'10"
5.	Dave Tierney (329), La Canada	22'10"
6.	Dwayne Pulliam (277), Skyline	22'10"
7.	Chip Benson (160), Lutheran	22'10"
8.	Ron Bisciglia (62), Crespi	22'11"
9.	Victor Lancaster (111), Gardena	22'11¼"
10.	Vince Gibson (172), Morningside	23'½"
11.	Duane Joseph (109), Gardena	23'2"
12.	Greg Sanders (183), Muir	23'3½"
13.	Bill Smith (178), Muir	23'6"

WINNERS:	DISTANCE:
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EVENT NO. 7 **TIME, 6:30 p.m.**
LONG JUMP (WOMEN)

Meet Record 17'8¾" Pat Anderson (Valencia) 1972
 Arcadia Field Record 17'11¼" Barbie Sinclair (Arcadia)
 1975

ORDER	ENTRANT	BEST
1.	Sheri Hamilton (438), Simi Valley	16'3"
2.	Gina Thayer (451), Ventura	16'3"
3.	Donna Fromme (410), Ontario	16'3"
4.	Randi La Placa (434), Royal Oak	16'3"
5.	Kim Morning (421), Pasadena	16'3½"
6.	Terrie Meyer (356), Coachella Valley	16'4"
7.	Laurie Easter (447), Ventura	16'5"
8.	Diana Nadin (426), Royal	16'5"
9.	Luana Spray (371), Glendale	16'5½"
10.	Becky Arnall (422), Redlands	16'6½"
11.	Yvette Evans (394), Morningside	16'9"
12.	Regina Jordan (399), Muir	16'11"
13.	Angie Wallace (405), Muir	16'11½"
14.	Judy Haynes (449), Ventura	17'0"
15.	Pam Curran (385), La Reina	17'1½"
16.	Barbie Sinclair (343), Arcadia	17'11¼"

WINNERS:	DISTANCE:
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EVENT NO. 8 **TIME, 6:30 p.m.**
HIGH JUMP

National Interscholastic Record 7'1¾" Dean Herzog (Lansing) Kansas 1974

Meet Record 6'8" Greg Fries (San Geronio) 1973

Arcadia Field Record 6'9" Larry Fisher (Notre Dame) 1965

ORDER	ENTRANT	BEST
1.	Kelly Johnson (6), Arroyo	6'6"
2.	Bruce Hensel (254), San Luis Obispo	6'6"
3.	Todd Kirschner (79), El Dorado	6'6"
4.	Jeff Lawson (80), El Dorado	6'6"
5.	Kevin Hall (197), Notre Dame	6'6"
6.	K. C. Connell (193), Newport Harbor	6'6¼"
7.	Vince Brock (229), Redlands	6'6¼"
8.	Mitch Hereo (153), Los Alamitos	6'6½"
9.	Steve Garnett (182), Muir	6'8"
10.	Jim Hawblitzel (70), Duarte	6'8"
11.	Kevin Cuervo (311), Western	6'8"
12.	Phil Muhl (126), Hart	6'8¼"
13.	Mike Leavenworth (330), Mission Bay	6'8¼"
14.	Imre Santha (326), Arcadia	6'8½"
15.	Kirk Collins (169), Monterey	6'9"
16.	John Washington (89), Fremont	6'9¼"
17.	Duane Joseph (109), Gardena	6'10¼"
18.	Jerry Flowers (77), Eisenhower	6'10¼"

WINNERS:	HEIGHT:
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EVENT NO. 9 **TIME, 6:30 p.m.**
HIGH JUMP (WOMEN)

Meet Record 5'2" Pam Farrall (Arcadia) 1974

Arcadia Field Record 5'2" Pam Farrall (Arcadia) 1974

ORDER	ENTRANT	BEST
1.	Sheri Hamilton (438), Simi Valley	4'10"
2.	Cindi Reed (419), Palos Verdes	4'10"
3.	Katie Spear (418), Palos Verdes	4'10"
4.	Kathy Gallegos (393), Monroe	4'10"
5.	Jenny Hoyt (375), La Canada	4'10"
6.	Shelly Mitchell (423), Redlands	4'10"
7.	Julie Hulst (384), Laguna Beach	4'10"
8.	Anita Rasmussen (352), Arcadia	4'10"
9.	Gloria Clabaugh (432), Royal	4'11"
10.	Ida Riley (386), Monroe	5'0"
11.	Mary Beth Hopkins (355), Brea-Olinda	5'1"
12.	Julie Lendl (431), Royal	5'2"
13.	Laurie Bruce (417), Palos Verdes	5'2"

WINNERS:	HEIGHT:
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EVENT NO. 10 **TIME, 7:00 p.m.**
VARSITY 440 YARD RELAY

National Interscholastic Record 40.2 Lincoln H.S. Texas 1970

Meet Record 41.8 Santa Ana 1970

Arcadia Field Record 41.8 Santa Ana 1970

National Interscholastic Record 40.2 Lincoln H.S. Texas 1970

Meet Record 41.8 Santa Ana 1970

Arcadia Field Record 41.8 Santa Ana 1970

LANE	ENTRANT	BEST
1.	CARSON, Loveless (28), Bean (30), Cooper (29), Williams (31)	42.8
2.	MUIR, Baldwin (185), Bass (180), Herron (181), Lynn (179)	42.2
3.	PASADENA, Smith (218), Hunter (215), Jackson (216), Davis (219)	42.3
4.	FREMONT, Scott (91), Smith (92), Williams (93), Patton (94)	42.4
5.	HAMILTON, Martin (121), Mullin (120), Legohn (122), Goosby (123)	42.5
6.	SKYLINE, Johnson (271), Claxton (273), Brown (272), Winger (274)	42.7
7.	MORNINGSIDE, Hall (173), McClamy (174), Sutton (171), Gibson (172)	42.7
8.	COMPTON, Sexton (42), Hurt (45), Humphrey (44), McGlothlin (46)	42.8

WINNERS:	TIME:
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EVENT NO. 11 TIME, 7:05 p.m.
SOPH-FROSH 440 YARD RELAY

Meet Record 44.2 Burbank 1973
 Arcadia Field Record 44.2 Burbank 1973

LANE	ENTRANT	BEST
1.	DORSEY, Turner (66), Gatewood (68), Mitchell (67), Dillard (69)	44.9
2.	FREMONT, Roberts (99), Rhoden (100), Dantzler (101), Coley (102)	44.1
3.	LOCKE, Byers (148), Holder (149), Fulcher (150), McClelland (151)	44.2
4.	PASADENA, Hill (220), Cleveland (221), Milloy (222), McClean (223)	44.5
5.	BANNING, Blauet (9), Hale (10), Perry (11), McDonald (12)	44.8
6.	MUIR, Moore (186), Williams (188), Sanders (187), Bill (189)	44.8
7.	ROLLING HILLS, Mayhem (238), Murphy (239), Kirkpatrick (240), Volpicelli (241)	45.1
8.	MONROVIA, Brown (331), Decuir (332), Hurst (333), Price (334)	45.2

WINNERS:	TIME:
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EVENT NO. 13 TIME, 7:20 p.m.
120 YARD HIGH HURDLES

National Interscholastic Record 13.5 Richmond Flowers (Lanier) Alabama 1965, William Tipton (Central) Michigan 1967, Randall Lightfoot (Plainview) Texas 1971
 Meet Record 14.1 Mike Johnson (Pasadena) 1973
 Arcadia Field Record 14.1 Mike Johnson (Pasadena) 1973

LANE	ENTRANT	BEST
1.	Tom Lewis (176), Muir	14.5
2.	Jerry Flowers (77), Eisenhower	14.5
3.	Melvin Brisco (146), Locke	14.4
4.	Steve Zabilski (60), Crespi	14.2
5.	Tom Turner (65), Cypress	14.0
6.	Theotis Brown (272), Skyline	14.2
7.	Wilbur Gregory (165), Mission Viejo	14.3
8.	Al Sanford (158), Loyola	14.4
9.	Anthoine Richardson (108), Gardena	14.4
10.	Tom Kretchmar (140), La Mirada	14.5

WINNERS:	TIME:
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EVENT NO. 12 TIME, 7:10 p.m.
WOMEN'S 440 YARD RELAY

National D.G.W.S. Record 47.5
 Meet Record 50.4 Muir 1974
 Arcadia Field Record 50.4 Muir 1974

LANE	ENTRANT	BEST
1.	ROYAL, Gullans (424), Escarcega (425), Nadin (426), Moore (427)	51.9
2.	MUIR, Jordan (398), Jordan (399), Purdy (400), Brown (401)	50.0
3.	ARCADIA, Todd (345), Sinclair (343), Lipka (347), Tanacosos (346)	51.0
4.	LAGUNA BEACH, Andrews (378), Beshore (379), Trimble (380), Wankier (381)	51.5
5.	VENTURA, Mills (446), Easter (447), Schalit (448), Haynes (449)	51.7
6.	ONTARIO, Carter (407), Walker (408), Garner (409), Fromme (410)	51.8
7.	MORNINGSIDE, Dickson (396), Buckner (397), Smith (395), Evans (394)	51.8
8.	MONROE, Riley (386), Samuels (387), Curry (388), Lynn (389)	52.0

WINNERS:	TIME:
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EVENT NO. 14 TIME, 7:30 p.m.
WOMEN'S 80 YARD LOW HURDLES

National D.G.W.S. Record 10.2
 Meet Record New Event
 Arcadia Field Record 11.0 Barbie Sinclair (Arcadia) 1975

LANE	ENTRANT	BEST
1.	Beverly Danforth (365), Esperanza	12.3
2.	Marguerit Woods (420), Pasadena	12.2
3.	Sue Abbey (435), Simi Valley	12.0
4.	Laurie Jo Thornton (344), Arcadia	11.9
5.	Barbie Sinclair (343), Arcadia	11.0
6.	Cindy McKenzie (406), Ontario	11.8
7.	Ida Riley (386), Monroe	12.0
8.	Leslie Meredith (354), Brea-Olinda	12.1
9.	Debbie Robinson (411), Palos Verdes	12.3
10.	Lori Hunt (412), Palos Verdes	12.5

WINNERS:	TIME:
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EVENT NO. 15 **TIME, 7:35 p.m.**
880 YARD RUN

National Interscholastic Record 1:48.8 Richard Joyce (Sierra) California 1965
 Meet Record 1:51.4 Robert Harrell (Santa Ana) 1972
 Arcadia Field Record 1:51.4 Robert Harrell (Santa Ana) 1972

LANE	ENTRANT	BEST
1.	Chuck Pacheco (321), Arcadia	1:57.8
2.	Bill De La Torre (8), Banning	1:54.5
3.	Jeff Hayes (335), Lakewood	1:56.4
4.	Tom Lloy (71), Edison	1:56.4
5.	Marty Bayless (336), Chatsworth	1:56.7
6.	Paul Becklund (224), Patrick Henry	1:57.1
7.	Leonard Ledet (303), Washington	1:57.7
8.	Mike Granville (161), Lynwood	1:57.8

WINNERS: _____ TIME: _____

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EVENT NO. 16 **TIME, 7:40 p.m.**
WOMEN'S 880 YARD RUN

National D.G.W.S. Record 2:10.4
 Meet Record 2:13.8 Ruth Kleinsasser (Azusa) 1974
 Arcadia Field Record 2:13.8 Ruth Kleinsasser (Azusa) 1974

LANE	ENTRANT	BEST
1.	Elma Martinez (341), Alhambra	2:27.1
2.	Donna Machado (348), Arcadia	2:20.2
3.	Kathy Chisam (349), Arcadia	2:23.4
4.	Laura Johnson (366), Esperanza	2:25.5
5.	Debbie Porter (436), Simi Valley	2:25.7
6.	Karen Moore (428), Royal	2:25.8
7.	Prathiba Raj (382), Laguna Beach	2:26.0
8.	Frances Kerl (363), Duarte	2:28.0

WINNERS: _____ TIME: _____

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EVENT NO. 17 **TIME, 7:45 p.m.**
JUNIOR HIGH 880 YARD RUN

Meet Record New Event
 Arcadia Field Record New Event

TO BE ANNOUNCED

WINNERS: _____ TIME: _____

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EVENT NO. 18 **TIME, 7:50 p.m.**
SOPH-FROSH DISTANCE MEDLEY RELAY

Meet Record 10:41.2 Palos Verdes 1974
 Arcadia Field Record 10:41.2 Palos Verdes 1974

LANE	ENTRANT	BEST
1.	SUNNY HILLS, Halverson (281), Roberts (282), Mirelez (283), Fiedler (284)	10:45.0
2.	COSTA MESA, Shackelford (53), Young (54), Gerhardt (55), Thompson (56)	10:45.5
3.	ARCADIA, Mocnik (325), Jenkins (322), Crider (323), Derby (324)	10:47.3
4.	VALENCIA, Rodriguez (291), Venegas (292), Gomez (293), Cisneros (294)	10:47.8
5.	CATHEDRAL, Fears (36), Romo (37), Juarez (38), Nava (39)	10:51.0
6.	LA CANADA, Miller (135), King (136), Thompson (137), Frame (138)	10:53.7
7.	ROLLING HILLS, Lefritz (234), Oswald (235), Gordon (236), Goss (237)	10:55.0
8.	HUENEME, Quinn (130), Herrera (131), Wise (132), Collins (133)	10:56.0
9.	WILSON (L.B.), Van (313), McManus (314), Dik (315), Walter (316)	10:56.0
10.	AGOURA, Roumanis (2), Hackett (3), Enright (4), Stormo (5)	11:01.0
11.	EDISON, Arciniaga (73), Christensen (74), Malloy (75), White (76)	11:01.0
12.	FREMONT, Crawford (95), Frazier (96), Levertes (98), Berry (97)	11:03.0
13.	LOS ALAMITOS, Deloss (337), Kuehler (338), Campbell (339), Vickers (340)	11:04.0
14.	CANYON, Coyle (23), Medina (24), Rivas (25), Cotter (26)	11:04.4
15.	ARROYO, Kennedy (452), Ward (453), Florence (454), Reyes (455)	11:04.5

WINNERS: _____ TIME: _____

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EVENT NO. 19 **TIME, 8:05 p.m.**
"CHARLES PADDOCK" 100 YARD DASH

National Interscholastic Record 9.3 William Gaines (Clear View) New Jersey 1967, Carter Suggs (Tarboro) North Carolina 1973, Gregory Edmond (Ball) Texas 1974, Willie Smith (Uniondale) New York 1974

Meet Record 9.8 Devon Trahan (Saddleback) 1971
 Arcadia Field Record 9.7 Rusty Weeks (Alhambra) 1957, Manual Diaz (Keppel) 1962

LANE	ENTRANT	BEST
1.	Clyde Burgan (301), Washington	9.8
2.	Kevin Williams (246), San Fernando	9.7
3.	Steve Zak (310), West (Torr.)	9.7
4.	Mark Jenkins (196), Notre Dame	9.5
5.	Ricky Jackson (216), Pasadena	9.5
6.	Joel Andrews (306), West (Bak.)	9.5
7.	John Lynn (179), Muir	9.7
8.	Jim Davis (58), Crenshaw	9.7
9.	Jayson Law (41), Chino	9.8
10.	Dennie Scott (147), Locke	9.8

WINNERS:	TIME:
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EVENT NO. 21 **TIME, 8:15 p.m.**
JUNIOR HIGH 100 YARD DASH

Meet Record New Event
 Arcadia Field Record New Event

LANE	ENTRANT	BEST
	TO BE ANNOUNCED	

WINNERS:	TIME:
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EVENT NO. 20 **TIME, 8:10 p.m.**
WOMEN'S 100 YARD DASH

National D.G.W.S. Record 10.3
 Meet Record 11.3 Gayle Butler (Duarte) 1974
 Arcadia Field Record 11.3 Gayle Butler (Duarte) 1974

LANE	ENTRANT	BEST
1.	Renee Gullans (424), Royal	11.7
2.	Yvette Evans (394), Morningside	11.6
3.	Judy Haynes (449), Ventura	11.4
4.	Alice Brown (401), Muir	11.3
5.	Robin Lynn (389), Monroe	11.1
6.	Regina Jordan (398), Muir	11.2
7.	Pam Curran (385), La Reina	11.4
8.	Sue Lackey (358), Costa Mesa	11.5
9.	Becky Arnall (422), Redlands	11.6
10.	Laurie Easter (447), Ventura	11.7

WINNERS:	TIME:
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EVENT NO. 22 **TIME, 8:20 p.m.**
"SANTA ANITA" MILE

National Interscholastic Record 3:58.3 Jim Ryun (Wichita East) Kansas 1965

Meet Record 4:06.7 Barrie Williams (North) 1972
 Arcadia Field Record 4:06.7 Barrie WILLIAMS (North) 1972

LANE	ENTRANT	BEST
1.	Thom Hunt (225), Patrick Henry	4:07.9
2.	Eric Hulst (139), Laguna Beach	4:11.9
3.	Tim Earle (119), Granite Hills	4:14.2
4.	John Johnson (276), Skyline	4:15.1
5.	Matt Bell (86), Foothill	4:16.5
6.	Jim Arriola (103), Gahr	4:16.9
7.	Breggar Moore (226), Rancho Alamitos	4:17.2
8.	Ralph Serna (145), Loara	4:17.4
9.	Bob Angel (134), Huntington Beach	4:17.5
10.	Don Moses (59), Crescenta Valley	4:18.7
11.	Scott Blackburn (242), Royal	4:18.9
12.	Narciso Holquin (247), San Fernando	4:18.9

WINNERS:	TIME:
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EVENT NO. 23 **TIME, 8:30 p.m.**
WOMEN'S MILE RUN

National D.G.W.S. Record 5:02.2
 Meet Record 5:30.2 Debbie Porter (Simi Valley) 1974
 Arcadia Field Record 5:30.2 Debbie Porter (Simi Valley) 1974

LANE	ENTRANT	BEST
1.	Chris Troffer (362), Crescenta Valley	5:15.2
2.	Debbie Porter (436), Simi Valley	5:23.0
3.	Colleen Mills (446), Ventura	5:30.0
4.	Linda Case (383), Laguna Beach	5:30.0
5.	Margie Corbett (390), Monroe	5:30.0
6.	Erin Gallagher (359), Costa Mesa	5:30.3
7.	Laura Fisanotti (361), Crescenta Valley	5:40.7
8.	Colleen Gould (350), Arcadia	5:41.2
9.	Rachel Smith (367), Esperanza	5:41.3
10.	Nancy Silva (444), Valencia	5:44.4
11.	Sue Steinberger (372), Glendora	5:44.6
12.	Sharla Holliday (360), Costa Mesa	5:45.0
13.	Donna Ullrich (373), Glendora	5:46.0
14.	Linda Lugo (429), Royal	5:46.1
15.	Jeannine Ousley (342), Alhambra	5:52.7
16.	Leslie San Miguel (353), Arcadia	5:53.7

WINNERS: TIME:

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EVENT NO. 25 **TIME, 8:45 p.m.**
WOMEN'S 440 YARD DASH

National D.G.W.S. Record 56.0
 Meet Record 57.8 Gayle Butler (Duarte) 1974
 Arcadia Field Record 57.8 Gayle Butler (Duarte) 1974

LANE	ENTRANT	BEST
1.	Terrie Meyer (356), Coachella Valley	61.0
2.	Kathy Egger (440), Sunny Hills	58.0
3.	Pam Curran (385), La Reina	58.6
4.	Barbara Moore (427), Royal	59.3
5.	Laurie Jo Thornton (344), Arcadia	59.8
6.	Laura Johnson (366), Esperanza	59.9
7.	Robin Lynn (389), Monroe	60.0
8.	Jeanette Daniels (437), Simi Valley	61.5

WINNERS: TIME:

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EVENT NO. 24 **TIME, 8:40 p.m.**
440 YARD DASH

National Interscholastic Record 45.8 Ronald Ray (Ferguson) Virginia 1972
 Meet Record 47.5 Robert Harrell (Santa Ana) 1972
 Arcadia Field Record 47.5 Robert Harrell (Santa Ana) 1972

LANE	ENTRANT	BEST
1.	Jeff Sexton (42), Compton	49.8
2.	Brian Theriot (190), Newport Harbor	48.0
3.	Henry Williams (27), Carson	49.0
4.	Ricky Jackson (216), Pasadena	49.3
5.	Jeff Weigel (230), Rolling Hills	49.5
6.	Marty Bayless (336), Chatsworth	49.5
7.	Wayne Herron (181), Muir	49.6
8.	Tom Ahlstrom (152), Los Alamitos	49.8

WINNERS: TIME:

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EVENT NO. 26 **TIME, 8:55 p.m.**
330 LOW HURDLES

National Interscholastic Record 36.8 Otis Hunter (Pasadena) California 1975
 Meet Record New Event
 Arcadia Field Record New Event

LANE	ENTRANT	BEST
1.	Cliff Morris (252), San Luis Obispo	38.6
2.	Otis Hunter (215), Pasadena	36.8
3.	Bill Smith (178), Muir	37.5
4.	Tim Chambers (177), Muir	37.6
5.	Bruce Ashman (13), Bassett	38.1
6.	Steve Zabilzki (60), Crespi	38.4
7.	Tom Turner (65), Cypress	38.5
8.	Lee Smith (275), Skyline	38.6

WINNERS: TIME:

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EVENT NO. 27 **TIME, 9:00 p.m.**
VARSITY DISTANCE MEDLEY RELAY

National Interscholastic Record 10:02.5 Lompoc H.S. California 1973
 Meet Record 10:17.2 La Canada 1973
 Arcadia Field Record 10:17.2 La Canada 1973

LANE	ENTRANT	BEST
1.	NOTRE DAME, De Carteret (199), McKenna (200), Rocheleau (201), Russell (202)	10:16.0
2.	SKYLINE, Foster (278), Klugh (279), Moss (280), Johnson (276)	10:24.2
3.	PALISADES, Feinberg (205), Woodson (207), Linsley (206), Gessert (208)	10:24.8
4.	EL DORADO, Ruynard (82), Lybeck (83), O'Neil (84), Dutzi (85)	10:25.0
5.	GAHR, Thompson (105), Muns (106), Kirlhner (107), Arriola (103)	10:27.7
6.	SAN GABRIEL, Minamoto (248), Justiniani (250), Izmirian (249), Simpson (251)	10:28.0
7.	UNIVERSITY,	10:29.9
8.	PALOS VERDES, Wyman (211), Young (212), Palomba (213), Jury (214)	10:30.0
9.	GLENDORA, Centonze (115), Caballero (116), Rogers (117), Steinberger (118)	10:30.9
10.	SAN LUIS OBISPO, Millar (255), Hull (256), Weaver (257), Thoma (258)	10:31.4
11.	LOS ALAMITOS, Baxter (154), Kalems (156), Mul (155), Welter (157)	10:32.0
12.	CARSON, Williams (31), Bowley (32), Austin (34), Brooks (35)	10:32.0
13.	SANTA MONICA, Malanga (267), Catlett (268), Dobos (269), Haldeman (270)	10:32.0
14.	COSTA MESA, Myre (49), Ellis (50), Hawkinson (51), Kolar (52)	10:35.1
15.	SAN MARCOS, Haynes (260), Ruggiero (261), Hollister (266), O'Hara (263)	10:35.4
16.	CANYON, Starinieri (19), Uvalle (20), Huddleston (21), Hethmon (22)	10:35.9

WINNERS:	TIME:
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EVENT NO. 28 **TIME, 9:15 p.m.**
JUNIOR HIGH MILE RUN

Meet Record New Event
 Arcadia Field Record New Event

TO BE ANNOUNCED

WINNERS:	TIME:
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EVENT NO. 29 **TIME, 9:25 p.m.**
220 YARD DASH

National Interscholastic Record 20.2 Forest Beaty (Hoover) California 1961
 Meet Record 21.8 Devon Trahan (Saddleback) 1971, Daveryle Jones (Palisades) 1973
 Arcadia Field Record 21.4 Rusty Weeks (Alhambra) 1957

LANE	ENTRANT	BEST
1.	Darryl Brown (168), Monroe	22.0
2.	Joel Andrews (306), West (Bak.)	21.0
3.	Bill Mullins (120), Hamilton	21.5
4.	Otis Hunter (215), Pasadena	21.8
5.	Steve Zak (310), West (Torr.)	21.8
6.	Mark Jenkins (196), Notre Dame	21.8
7.	Clyde Burgan (301), Washington	21.8
8.	Bob Bass (180), Muir	21.9

WINNERS:	TIME:
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EVENT NO. 30 **TIME, 9:30 p.m.**
TWO MILE RUN

National Interscholastic Record 8:41.5 Steve Prefontaine
 (Marshfield) Oregon 1969
 Meet Record 8:57.2 Terry Williams (Lompoc) 1972
 Arcadia Field Record 8:57.2 Terry Williams (Lompoc) 1972

LANE	ENTRANT	BEST
1.	Eric Hulst (139, Laguna Beach	8:58.0
2.	Brian Hunsaker (47), Corona Del Mar	9:03.2
3.	Thom Hunt (225), Patrick Henry	9:09.0
4.	Gary Hernandez (164), Mission Bay	9:15.3
5.	Mike Waterhouse (167), Mission Viejo	9:16.3
6.	Dave Helgeson (175), Mt. Miguel	9:16.8
7.	Guy McRoskey (159), Loyola	9:17.6
8.	Colin McConnell (72), Edison	9:19.0
9.	Breggar Moore (226), Rancho Alamitos	9:19.2
10.	Paul Dulaney (209), Palos Verdes	9:21.0
11.	Mark Spilsbury (87), Foothill	9:21.2
12.	Agim Baksh (40), Hollywood	9:21.3
13.	Luis Arreola (253), San Luis Obispo	9:24.3
14.	Harold Stephens (127), Hawthorne	9:24.4
15.	Randy Horney (243), Royal	9:24.6
16.	Sal Godinez (245), Salesian	9:24.9

WINNERS:	TIME:
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EVENT NO. 31 **TIME, 9:45 p.m.**
WOMEN'S MEDLEY RELAY

National D.G.W.S. Record 1:46.4
 Meet Record 1:51.5 Royal 1974
 Arcadia Field Record 1:51.5 Royal 1974

LANE	ENTRANT	BEST
1.	PALOS VERDES, Pilliod (413), Meek (414), Marsh (415), Relyea (416)	1:56.4
2.	SUNNY HILLS, Mongone (441), Adams (442), Radde (443), Egger (440)	1:51.8
3.	ROYAL, Moore (427), Gullans (424), Nadin (426), Moore (428)	1:52.9
4.	ARCADIA, Todd (345), Tanacsos (346), Lipka (347), Chisam (349)	1:53.5
5.	VENTURA, Haynes (449), Schalit (448), Mills (446), Easter (447)	1:53.9
6.	SIMI VALLEY, Hamilton (438), Daniels (437), Van Kummer (439), Porter (436)	1:54.1
7.	ESPERANZA, Campbell (368), Danforth (365), Pease (369), Johnson (366)	1:55.0
8.	MONROE, Greenberg (391), Samuels (387), Frisco (392), Lynn (389)	1:57.8

WINNERS:	TIME:
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EVENT NO. 32 **TIME, 10:00 p.m.**
VARSITY MILE RELAY

National Interscholastic Record 3:11.8 Memorial H.S.
 Texas 1967, Killian H.S. Florida 1969
 Meet Record 3:17.0 Santa Ana 1972
 Arcadia Field Record 3:17.0 Santa Ana 1972

LANE	ENTRANT	BEST
1.	ARCADIA, Griffith (318), Salkeld (319), Bohmke (320), Pacheco (321)	3:24.4
2.	CARSON, Williams (27), Correnti (33), Bowley (32), Williams (31)	3:19.5
3.	NEWPORT HARBOR, Harrison (194), Mulroy Humann (195), Theriot (190)	3:21.3
4.	MUIR, Baldwin (185), Bass (180), Chambers (177), Herron (181)	3:22.3
5.	PASADENA, Smith (218), Hunter (215), Jackson (216), Davis (219)	3:22.4
6.	WASHINGTON, Bullock (302), Ledet (303), Walker (304), McNeal (305)	3:23.4
7.	WEST, Daniels (307), DeMario (309), Morledge (308), Andrews (306)	3:24.4
8.	ROLLING HILLS, Hughes (231), Sodek (232), Brown (233), Weigel (230)	3:24.5

WINNERS:	TIME:
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